

## **LEISURE TIME ACTIVITIES (LTA) PROGRAM**

The Leisure Time Activity Program offers community based activities that focus on learning skills which will allow independent use of leisure time.

### **PROGRAM DESCRIPTION:**

The Leisure Time Activity Program strives to facilitate activities aimed at enhancing the quality of life to adults with developmental disabilities. Consumers select 3 or 4 leisure activities a month from a diverse monthly calendar list of scheduled activities. LTA provides opportunities to participate in community based activities or to learn skills which allow independent use of their leisure time. Activities offers experiences in planning, decision making, and problem solving. These organized opportunities promote individual personal development, independence in the community, and social skills.

### **OBJECTIVES:**

1. To increase awareness and participation in diverse leisure skills.
2. To increase independent participation in the community.
3. To promote social skills.
4. To promote decision making by offering choices and guidance.
5. To maintain and increase existing skills.
6. To develop skills and new activities.
7. To strengthen personal development through diverse challenges.
8. To assist the person served in obtaining access to recreation resources and services in their community.

### **PLACE OF PROVISION OF SERVICES:**

The Leisure Time Activity Program meets at appropriate planned locations in the community depending on the activity. Participants are picked up by the Challenge Center vehicles at the various residences. Transportation is arranged prior to entry to the program.

### **METHODS FOR PROVIDING SERVICES:**

The activities in the program are planned, supervised, facilitated, and guided by the Recreation Coordinator, Recreation Specialist and the LTA Program Assistants. The Leisure Time Activity Program is part of the Challenge Center and overseen by the Day Services Director. Referrals should be submitted to the Client Service Coordinator of the Challenge Center, (715)395-2771. Participation is based on assessments to meet the individual needs of the person.

### **ELIGIBILITY:**

The Leisure Time Activity Program serves adults with developmental disabilities. Some activities require fees. Consumers must be semi-independent with their personal care needs or must be accompanied with a Personal Aide.

### **HOURS OF SERVICES:**

Seven days a week ( as activity dictates) after 3:00 P.M. weekdays and varied on weekends.

### **WHO TO CONTACT:**

Client Service Coordinator  
Challenge Center, Inc.  
39 North 25th Street East,  
Superior, WI 54880  
Phone 715- 394-2771  
E-mail: Kanderson@Challenge-center.org 10/14/08 tf