

LIFE SKILLS PROGRAM

The Life Skills Program provides services to adults with moderate to profound developmental disabilities who have adequate motor and adaptive skills to train for life skills in a closely supervised, structured setting. The Program is designed to meet the diverse needs of all individuals and promote personal growth in maximizing functional ability, independence, and exposure to work activities.

PROGRAM DESCRIPTION:

The Life Skills Program is designed for the individual to receive specific skill and social training. Areas of support may include communications, daily living skills, personal care, recreation and leisure skills, participation that leads toward increased community involvement and behavior management. In the Life Skills Program, the primary focus is to participate in and build on meaningful activities and community integration. Individual goals are developed to enhance each consumer's potential to train for maximum development. Every six months, a review of the consumer's programs is provided. Annually, or if a major change has occurred, a staffing is held with all concerned parties.

OBJECTIVES:

1. To provide a structured learning and social environment, adapted to the changing needs of the individual offering choices and guidance.
2. To provide a broad array of activities to enrich the consumer's quality of life.
3. To train and build upon authentic experiences promoting basic work habits, appropriate behavior, teamwork, and acceptance of responsibility and supervision.
4. To enhance emotional, personal, and social development.
5. To open opportunities to learn new skills or to increase existing skills through community and recreational activities that may include fitness training and/or Special Olympics.
6. To prepare the individual for more independent participation in life events.
7. To provide respite for the Caregiver.

METHODS OF PROVISION OF SERVICES:

The Life Skills Program is supervised by the Team Leader and assistants. It is a part of the Challenge Center Day Services Department and is overseen by the Day Services Director. It is community based and is a non-senior program. Referral information by the sponsoring agency, organization, school, or Case Managers should be submitted to the Consumer Service Coordinator of the Challenge Center, (715) 394-2771. Transportation needs to be arranged prior to entry into the program.

ELIGIBILITY:

The Life Skills Program serves individuals that are least 18 years or older with moderate to severe developmental disabilities that need assistance in a closely supervised, structured environment.

HOURS OF SERVICE:

Monday through Friday, 9:00 AM to 3:00 PM.

WHO TO CONTACT:

Consumer Service Coordinator
Challenge Center, Inc
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Superior, WI 54880
Phone 715- 394-2771
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