

## **SENIOR'S DAY SERVICE PROGRAM**

The Senior's Program provides services for senior adults with developmental disabilities and/or age related special needs. Services include physically and mentally stimulating activities, community/recreational activities, and exposure to work activities.

### **PROGRAM DESCRIPTION:**

The Senior's Program is designed specifically to meet the current and changing needs of this population. Its purpose is to enhance and sustain the level of mental and physical health required to function in his/her environment and build upon existing social skills. It provides a group setting that is conducive to independence and productivity as well as support strategies when needed. The general focus of the program is to develop and maintain interest for participation in meaningful activities which enhance the individuals quality of life.

Daytime respite is also available through the Senior's Program.

### **OBJECTIVES:**

1. Provide mentally stimulating activities which include visual and auditory stimulation.
2. Provide physically exhilarating activities which improve fine and gross motor skills.
3. Give opportunities for social interaction with peers and staff.
4. Enhance development of individual hobby skills.
5. To train and build upon authentic experiences promoting basic work habits, appropriate Behavior, teamwork, and acceptance of responsibility.
6. Give opportunities for decision making.
7. Increase community awareness and provide opportunities to participate in community and recreational activities that may include Special Olympics.
8. Provide respite services to benefit caregivers.

### **METHODS OF PROVISION OF SERVICES:**

The program is supervised by the Senior's Program Team Leader and Assistant. The Senior's Program is a part of the Challenge Center Day Service Program, overseen by the Day Service Director. Referral information by sponsoring agency, organization, or County Case Managers should be submitted to the Client Service Coordinator of the Challenge Center, (715) 395-1451. Transportation needs to be arranged prior to entry into the program.

### **ELIGIBILITY:**

The Senior's Program serves adults with developmental disabilities and age related special needs, who have reached semi-retirement age. Also, on an individual basis, this program serves adults with developmental disabilities who display a strong need for a more relaxed setting due to a change in health.

### **HOURS OF SERVICE:**

Monday through Friday - 9:00 AM to 3:00 PM

### **WHO TO CONTACT:**

Client Service Coordinator  
Challenge Center, Inc  
39 North 25th Street East,  
Superior, WI 54880:  
Phone 715- 394-2771  
E-mail: [Kanderson@Challenge-center.org](mailto:Kanderson@Challenge-center.org)

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